



**INDIANA SOCIETY FOR SOCIAL WORK
LEADERSHIP IN HEALTHCARE**

Volume 25, Issue 3

Newsletter

July 2002

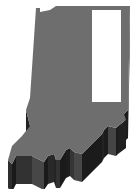
Attention Members

**Join us for our next
Board Meeting**

**Wednesday
September 25, 2002**

**IUPUI
Library Room UL2115G**

Hope to see you there!



Indiana
Society For Social Work
Leadership in Health Care



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President's Message

*Krystal Angevine
Co-President*

I was thinking, the other day, about when I first joined the organization which is now called the Indiana Society for Social Work Leadership in Healthcare (ISSWLHC). I was a new social worker in health care and the only social worker in our community hospital. I can remember attending my first ISSWLHC conference and leaving there with a sense of anxiety. There was so much to do! There were protocols to write, committees to join, agency personnel to meet, patient resources to develop. I wanted to do a good job, and to do it now; yet, there was only one of me. Over the years, I have tried to put much of what I learned into practice; and of course, I learned it is an ongoing process.

Soon after attending that first conference I was asked by the hospital to present a program for patients on stress management. I thought, "Who can I call for help?" I remembered a member of the ISSWLHC I had met at the conference named Pam Ruster. I called Pam, "Can you give me some ideas?" I asked. "I am giving a stress program next week," she said. "Why don't you come over and sit in on my group?" I'll never forget how helpful she was, what a wonderful job she did, and the great handouts she sent me away with!

This was my introduction to the ISSWLHC and I have been a member ever since.

In writing this president's letter I was thinking, "Who are the members of our society and why do they belong?" I feel those of you who have joined the Indiana society do so because **you are** :

1. **Dedicated to excellence** and want to learn the most up-to-date information to improve practices.
2. **Innovators**, interested in learning and developing new ideas which can make a difference to patients and families.
3. **Collaborators**, willing to share your good ideas, knowledge and expertise.
4. **Professionals**, wanting to keep current on professional practice.
5. **Leaders**, taking a step forward to make a difference.

(Continued on page 2)

Board Members and Committee Chairs

Co-Presidents

Krystal Angevine 812-948-6730
 kangevine@fmhhs.com
 Jaris Hammond 317-468-4532
 jhammond@hnhhs.org

President Elect

Elaine Dec 219-927-1309
 laneydec@aol.com

Past President

Polly Jones 765-258-3667
 pjones@ascensionhealth.org

Secretary

John Boguslawski 219-942-0551

Treasurer

Susan Lemon 317-745-3544
 sclemon@hendricks.org

Board Members At-Large

Phyllis Applegate 765-640-2511
 pmappleg@sjhsnet.org
 Frankye Johnson 317-554-2810
 frjohnso@hhcorp.org
 Robert Rogers 317-554-0000
 Kathleen Wert 765-456-5210
 kmwert@stjhhc.org

Advocacy Chair

Beth Petrucce 317-338-6301
 epetrucce@stvincent.org

By Laws Chair

Elaine Dec see President Elect

Communications Chair

Donna Lacy Beyl 317-845-4256
 dlacybeyl@lacybeyl.com

Education Chair

Michelle Meer 317-293-7811
 cmeer1@home.com

Membership Chair

Deb Arnold 219-726-7131, ext. 1009

Newsletter Chair

Elaine Rhetts 765-662-4678
 Elaine.Rhetts@mgh.net

Nominations Chair

Polly Jones see Past President

MSW Student Intern

Jill Conley 765-482-6400
 jill_conley@kindredhealthcare.com

(Continued from page 1)

You, the members of the ISSWLHC are a special group of people. Unfortunately, as you know, there are those who never join a professional organization, attend a conference, or keep up on the literature. You are different. I am proud to be part of an organization made up of those who pursue and expect excellence.

Our organization must meet the challenge to help our members lead and develop social work in health care for the benefit of our communities. We as an organization have a big job to do, but it is worth doing.



Board Meetings

Next Meeting: September 25

All society members are invited to attend our board meetings. Our next meeting is **September 25 at IUPUI, Library Room UL2115G from 10:00 a.m. - 3:00 p.m.** For further information, please contact Jaris Hammond or Krystal Angevine.

Newsletter Submissions

Next Deadline: October 11

Newsletter submissions should be directed to Elaine Rhetts, Newsletter Chair. If possible, email your articles on Word to Elaine at Elaine.Rhetts@mgh.net. The 2002 deadlines are: April 12, July 12 and October 11. If you have any questions, contact Elaine at 765-662-4678.

Membership Matters

Welcome to all of our new members who joined at the Spring meeting or have joined the Society since. Please take time to update your membership list with the new information:

Pamela J. Allen
Odyssey Health Care
8765 Guion Road, Suite G
Indianapolis, IN 46268
Phone: 317-334-9302
Fax: 317-334-9371
Email: pjallen@ws-link.com

Melissa Cox
NBA Emily E. Flynn Community
614 W. 14th Street
Marion, IN 46953
Phone: 765-664-0618
Email: coxfam@bpsinet.com

Elaine Elliott
Odyssey Health Care
8765 Guion Road, Suite G
Indianapolis, IN 46268
Phone: 317-334-9302

Andrew Harner
Riley Hospital—Cancer Center
702 Barnhill Drive, Room 3548
Indianapolis, IN 46202
Phone: 317-274-0115
Fax: 317-274-8712
Email: aharner@iupui.edu

Melissa Hoop
3445 N. Birchwood Ave.
Indianapolis, IN 46205
Phone: 317-925-6278
Email: mhhoop@hotmail.com

Michelle Long
Memorial Hospital
1101 Michigan Avenue
Logansport, IN 46947
Phone: 574-753-1397
Email: mlong@mhlogan.org

CareyAnn Pickett
Eagle Creek Health and Rehab
4102 Shore Drive
Indianapolis, IN 46254
Phone: 317-347-9051
Fax: 317-347-9065
Email:
carey_pickett@kindredhealthcare.com

Dodie Stein
2245 Rome Drive
Indianapolis, IN 46228
Phone: 317-299-8999
Fax: 317-299-0274
Email: dstein1@iupui.edu

Again, Welcome to all our new members!! Please make the following additions and corrections to your current list:

Ellen Gill's new e-mail address is xanadu@iquest.net

Frankye Johnson's correct e-mail is frjohnso@hhcorp.org

Sue Murray's new e-mail address is smurray@pchosp.org

Welcome back to Janna McComb who renewed her membership at the spring meeting. Her address is:

Community Hospital
1500 N.Ritter
Indianapolis, IN 46219
Phone: 317-355-2191
Fax: 317-351-7855

Please remember to send address, phone and e-mail corrections or new members to:

Deb Arnold
Jay County Hospital
500 W.Votaw Street
Portland, IN 47371
darnold@chs.cami3.com.

NYC Memoirs....

Jill Conley, MSW Intern

I had the privilege to visit New York City for the first time in April 2002. Although it was a brief trip, the impact upon my life was significant. I committed to this trip as a youth group chaperone and stayed at St. Paul St. Andrew church on the upper west side of Manhattan to complete mission work. While there, I experienced a rich variety of culture, dialogue, and religious appreciation. In addition to sightseeing and visiting Ground Zero, I also learned a great deal about the social service delivery system in NYC from our tour guide, Danton. The unity of the city since 9/11 is readily apparent even to a first time tourist and the impact of this event will continue to be felt for quite some time. Although no words can adequately describe the spirit of NYC, I can say that it truly touched me. This trip significantly raised my awareness of life beyond my daily reality. I hope that in some way I am a better person for having been there and will continue to become more sensitive to the diverse needs and perceptions of those around me. May we never forget our proud calling as a profession to encompass our common bonds as human beings regardless of our individual paths and may we never lose the ability to be inspired.



Award Winners

At our Spring Conference, winners were announced for the 2002 ISSWLHC Innovative Programs in Patient Care Award and 2002 ISSWLHC Distinguished Service Award. Recipients of the awards were the Marion County Health Social Service Department and Delois Dilworth-Berry respectively. The Social Service Department at the Marion County Health Department had five programs which were highlighted for the Innovative Programs award. The first program is T.I.P.S. which is actually two parenting series: T.I.P.S. (Techniques & Information for Parenting Series) for adults and T.I.P.S. (Teens' Information Parenting Series) for teens. Each class is a six week parenting educational series in which the participants learn about nurturing and bonding with the baby, playing with baby, safety tips, stress reduction, taking time out for yourself, discipline techniques, and caring for the baby. Participants receive a certificate of attendance upon completion and coupons for Beds and Britches Etc. of Indianapolis. A high percentage of teenagers usually pass the post-test. The second program is the Mother Baby Healthline which is free telephone information and referral service for callers with problems or questions relating to pregnancy, children and family issues. Callers receive health information on family planning, immunization, lead screening and other issues. Written referrals are also provided for maternity clothes, infant supplies and food assistance. The Healthline has also made a significant contribution in helping reduce infant mortality in Marion County. Beyond Baby Blues is a postpartum depression support group in which mothers have the

opportunity to share their experiences and gain valuable information on how to cope with postpartum depression. The fourth program involves substance abuse. The Social Services staff at the Adolescent Care Team in Our Neighborhood Center facilitates a Prenatal Substance Use Prevention Program (PSUPP). This is a three-tiered prevention program administered by the Indiana State Dept. of Health and funded by the Indiana Division of Mental Health. The goal of the program is to prevent poor birth outcomes by assuring that babies born in Indiana are born to women who decrease or eliminate alcohol, tobacco and other drug use during pregnancy. Last, is the Anger Management program in which adolescents attend structured group activities designed to teach them a variety of techniques to manage their anger. The program demonstrates a high percentage of juveniles benefiting from the anger management class.

Delois Dilworth-Berry is the recipient of the Distinguished Service Award. Delois's nominator shared the following about Delois. Delois is extremely dedicated to her profession and to her department (Social Services, Marion County Health Department). She has provided her leadership within our organization, within the Marion County community, the state of Indiana and at the national level. Under her leadership, a Post-Partum Support Group for new mothers, a HIV Prevention Case Management Program and a Prenatal Substance Abuse Prevention Program have been implemented at MCHD. She is continually promoting the profession of social work and is a regular speaker to students in social work programs. Delois has made staff development a high priority and her leadership in developing social work month activities has

resulted in a heightened awareness of social workers and their roles among other MCHD staff. Delois represents MCHD well in many community venues. She is currently on the Boards of the Legacy House and the Hispanic Center in Indianapolis. She is a volunteer with the Mental Health Association of Marion County and the Minority Health Coalition of Marion County. In regard to professional associations, Delois was president of the Indiana Chapter of the National Association of Social Workers, chaired the Personnel Policy Committee for NASW National in 2000, served as Vice President of the Regions for NASW National, and Region 7 Representative of NASW Indiana, and Co-Chaired the annual State NASW conference. Delois has been active in the American Public Health Association and its Social Work Section and is the chair of the Program Committee. She has been appointed by Dr. Greg Wilson, Indiana Health Commissioner, to be the Indiana representative for the Association of State and Territorial Public Health Social Workers. She has served on the Indiana Society for Social Work Leadership in Health Care program committee and will be presenting on Emergency Preparedness and the Role for Social Workers later this year (this was presented at Spring Conference). Delois demonstrates a high level of professionalism in all that she does. She is committed to the fields of social work and public health which is shown in the highlights I have provided. I deeply respect Delois and believe she is very well qualified to receive this distinguished award.



Board Meeting Highlights - May 15, 2002

Treasurer's Report

Discussion regarding income and expenses ensued in light of format change for fall conference. Budget is tentative until a decision is made re: fall conference. Vendor sponsorship continues to be good for spring conference.

Committee Reports

Nominations

Selection was made for the Distinguished Service Award and Innovative Program Award to be announced at the Annual Meeting. Process for new slate of officers is beginning.

Membership

Copies of membership as of May 2002 were distributed. Currently membership is at 75 with possibility of five new members from conference. Participation from around the state is needed to increase membership.

Advocacy

Goals of this committee were reviewed. Because of the importance of the mission of this committee, it is hoped that more individuals will participate since total state should have representation. Hope to increase participation of IHHA Hospital Day and Social Work Lobby at the Statehouse.

Education

Spring conference was discussed. Currently, over 60 people will participate in spring conference with 27 vendors in attendance. Discussion was also held regarding the fall meetings and possibility of regional meetings were reviewed.

Communications

Accomplishments and goals reviewed. Needing at least two more

members to serve on committee. Priority goal is to find a host site for e-mail communication to members.

Bylaws

Report given. Polly Jones now has disk of by-laws which can be updated, revised and printed as needed.

Other Reports

Chapter President's Meeting
Information shared regarding the new national organization, building an effective state chapter and the successes of current chapters. New national organization has good leadership and support from the contracted service. Financial status shared regarding national organization and encouraged new members.

National Board Report

In addition to above information, the possibility of Indianapolis hosting the national conference was discussed. It would take a lot of work, but it would be a wonderful experience and feeling that our organization had the manpower to do it.

Old Business

No old business brought forward.

New Business

Discussion regarding strategic planning ensued as well as the topic of the fall educational meeting. Contract for 2003 Spring Conference will be signed and dates are for May 7 and 8 at the same location.

John R. Boguslawski, MSW, CCSW
Secretary



PASRR

The following is an excerpt from a letter, dated July 18, 2002, from Becky Koors, BAIHS, PAS/PASRR Program Director, Drew Klatte, DMHA and Kirt Baker, BDDS regarding PAS/PASRR Revisions and Updates.

“... the Level I has been revised and the implementation of that revision will become effective as of this date. The goal for revising the Level I is to assist assessors in identifying those clients who actually have a major mental illness and trigger the Level II based on the diagnoses. The diagnoses triggering a Level II are listed in question number two of the Level I and include: schizophrenic, schizoaffective, mood (bipolar and major depressive type), paranoid or delusional, panic or other severe anxiety disorder; somatoform or paranoid disorder; personality disorder; atypical psychosis or other psychotic disorder (not otherwise specified); or another mental disorder that may lead to a chronic disability. Therefore, for example, a client who has been taking Zoloft for situational depression will not trigger a Level II unless the client carries another major mental illness diagnosis listed in question number two of the Level I. Utilizing the new process, this client could be admitted to the nursing facility (whether from the acute hospital bed or from home using the emergency admission process) without the Level II being completed prior to nursing facility admission. Regardless of the client's pay source, the AAA will conduct the PAS assessment within thirty (30) days of the admission. The revised Level I did not change the process for MR/DD clients or that Level II process... If you have any questions regarding this, please contact your local AAA or IF-SSA...”

In an effort to provide media coverage and public information about ISSWLHC services, the Board of Directors has developed a news release to share valuable information with all Hoosiers. This media release was sent in early July to approximately 50 news editors throughout the state of Indiana. If you happen to spot our news release, please mail a copy to me at the following address: Donna Beryl, 8202 Clearvista Parkway, Suite 10B, Indianapolis, IN 46256.

Senior Citizens Unaware of Helpful Programs

Many low-income senior citizens throughout the state are unaware of helpful financial resources, according to the Indiana Society of Social Work Leadership in Healthcare (ISSWLHC), an organization of social workers in health care facilities, dialysis centers, home health agencies, and other medical organizations.

“Seniors on a fixed income need help with the high cost of medicine and other daily expenses. It is clear from our work that many of these seniors, and their family members, know little about the programs designed to help them,” said Elaine Dec, president-elect of the ISSWLHC Board of Directors and Director of Social Work at the Northeast Indiana Kidney Center in Auburn, IN.

Following are some of the Indiana programs of potential help to seniors:

Hoosier Rx is a program through the State of Indiana, which refunds up to 50 percent of a person’s monthly drug expenses if the individual earns \$940 or less per month (\$1,266 for a couple). Seniors who qualify must save their receipts and turn them in every three months. Applications are available at local pharmacies, Area Agencies on Aging, the local Department of Family and Children, or call toll free at 1-866-267-4679.

QMB is a program, which pays Medicare premiums, coinsurance, and deductibles. If eligible, the senior’s Social Security check could go up by \$55 per month. Seniors who earn less than \$1,253 per month (\$1,694 for a couple) may qualify for part or all of the QMB benefit. To apply, contact the local Department of Family and Children office or call toll free 1-800-452-4800.

Low-Income Housing Energy Assistance Program (LIHEAP), a program administered through Community Action Agencies, pays a portion of senior citizens’ utility bills. A person earning less than \$10,738 per year (\$14,513 for a couple) may be eligible for the Summer Cool Program, which pays \$50 of an electric bill. If their electric is included in the rent, the senior can receive a check for \$50. A similar program helps with winter utility bills. In addition, if a person is medically eligible, he or she could receive a free air conditioner. Housing winterization programs are also administered by Community Action Agencies. For more information call 1-800-622-4973.

Lifeline is a national program for very low income persons through which phone companies connect a phone line for free and provide a \$10.60 per month discount on telephone services. You may qualify if you receive *one* of the following: food stamps, SSI, Medicaid, Section 8 Housing, TANF, or LIHEAP (low-income energy assistance). In order to obtain an application, call 1-888-285-7983.

Township Trustee is a local elected official who is charged with helping the poor and needy. Township trustees often help pay for diabetes medications and others. To locate your township trustee call your local county clerk’s office.

CHOICE Program is a program, which helps seniors remain independent by providing help in the home. This program is managed by Area Agencies on Aging. In most areas there is a waiting list. To find out the phone number of your local Agency on Aging call 1-800-986-3505

Medicaid Waiver is a program which helps the poorest seniors who are on Medicaid remain independent in the home. The program is managed by Area Agencies on Aging. To find out the number of your local Agency on Aging call 1-800-986-3505.

Also, seniors should know that Medicare does pay for mammograms and for diabetes supplies. Contact your physician’s office for more information.

For additional assistance, contact a professional social worker in a local health care service organization such as a hospital, home health agency, dialysis center, or extended care facility.

DELORIS DAVIS SCHOLARSHIP

Every year the Deloris Davis Scholarship is awarded to a member of the ISSWLHC to attend the National Society of Social Work Leadership in Health Care Annual Educational Conference. The scholarship is named in honor of Deloris Davis, a long-standing member of the ISSWLHC who was the first recipient of the Society's scholarship in 1986. Deloris was always eager to learn and generous in sharing her knowledge with others.

The recipient of the scholarship will receive \$1000 toward their expenses at the National SSWLHC Conference to be held April 3-5, 2003 in Atlanta, Georgia.

The nominating committee to select the winner of this year's scholarship will use the following criteria:

That the applicant:

1. Be a member in good standing of the Indiana Society for Social Work Leadership in Healthcare.
2. Have a social work education background.
3. Have full financial support for attending the conference from his or her healthcare employer so that the scholarship would make attendance possible.
4. Prepare a brief personal statement outlining qualifications and reasons for wanting to attend the meeting.
5. Be eager to attend the conference.
6. Make a written and/or oral presentation about the conference attendance to the ISSWLHC membership at the Spring Conference.

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SCHOLARSHIP APPLICATION

<i>Name & Title</i>	<i>Healthcare Employer</i>
<i>Address</i>	<i>Phone #</i>
<i>Prior attendance at SSWLHC National Meeting?</i>	<i>Member of SSWLHC?</i>
<i>Educational Background</i>	

Signature

Date

**Please attach a one-page statement outlining qualifications and reasons why you would like to attend.
Return completed application to:**

**Polly Jones
P. O. Box 416
Burlington, IN 46915**

**Or fax to:
Polly Jones
765-258-3668**

Application should be postmarked no later than August 23, 2002

Upcoming Meetings

Board Meeting

September 25, 2002

IUPUI, Library Room UL2115G

All members are invited to attend.

National SSWLHC Conference

April 3-5, 2003

Atlanta, Georgia

Annual ISSWLHC Spring Conference

May 7 & 8, 2003

Marten House

Indianapolis, Indiana

Communications Committee

Donna Lacy Beyl, Committee Chair

Welcome **Melissa Hoop** to the communications committee. Thank you Melissa for volunteering.

Anyone who is interested in becoming a member of our committee, please call me at 317-845-4256.



Indiana Society for Social Work Leadership in Healthcare

c/o Elaine Rhetts

Social Service Department

Marion General Hospital

441 N. Wabash Avenue

Marion, IN 46952